

LUNCH MENU (11am-3pm)

SOUP

Soup of the day served with brioche bun **13**

SALADS

(Add : Grilled Shrimps or Chicken - \$7)

Café Français Salad (v) (GF) **16**

(Organic mixed greens, Feta crumble, Candied Sunflower Seeds, Sundried Cranberries and tri color peppers with house Balsamic vinaigrette dressing)

Cobb Salad (v) (GF) **21**

(Organic mixed greens, olives, tri colour peppers, hard boiled egg, avocado, and feta crumble with Creamy lemon vinaigrette dressing)

Spinach - Berry Salad(v) (GF) **18**

(Organic Spinach, Fresh Mozzarella Crumble, seasonal berry, toasted almonds, dried figs with Raspberry vinaigrette dressing)

Shrimp Warm Potato salad (GF) **26**

(Pan roasted potatoes with bacon chunks, corn kernels tossed in creamy sauce baked with grilled shrimps and three cheese)

Cf Salad and Soup (GF) **18**

(Soup of the day paired with a side of Cf salad and house dressing)

QUICHE or OMELETTE(GF)

(Served with house salad or Soup of the day)

- Bacon and cheese **22**

- Spinach, sundried tomato and tri color peppers **23**

- Smoked salmon, spinach and capers **24**

SANDWICHES

(All Sandwiches Served with organic mixed greens or Soup of the day)

Egg Salad croissant (GFA) **17**

(Egg salad mixed with mayonnaise and seasoning on croissant)

Avocado Toastie (v) (GFA) **18**

(Avocado, lettuce, feta crumble, teriyaki drizzle and Creamy pesto spread on multigrain)

Veggie Burger (v) **20**

(Croissant Brioche bun, veggies patty, medium cheddar, avocado smash, tomato, lettuce and pesto mayonnaise)

Quick-Pick (GFA) **18**

(Half Egg Salad Brioche served with house salad and soup of the day)

Smoked Salmon Croissant **20**

(Smoked wild sockeye salmon lox, lettuce, capers and sour cream with Dijon mustard on house baked croissant)

Crab Croissant (GFA) **20**

(Shredded crab meat mixed with Dijon mustard and mayonnaise, lettuce served on house baked croissant)

Pastrami Croissant (GFA) **20**

(Smoked pastrami, lettuce, and swiss cheese with Dijon mustard mayonnaise on house baked croissant)

Caprese Croque-Monsieur (v) **20**

(Grilled sandwich filled with Fresh Mozzarella, sundried tomatoes, Pesto on brioche topped with béchamel sauce, mozzarella cheese)

Croque-Monsieur** **20**

(Our house baked brioche with ham and Swiss cheese topped with béchamel sauce and mozzarella cheese)

Grilled Chicken **22**

(Grilled chicken breast, Swiss cheese, sliced tomatoes, lettuce & sundried cranberries with honey mustard mayonnaise on baguette)

Teriyaki Beef Sliders** **22**

(Teriyaki beef with lettuce, sliced tomato, pickled radish, teriyaki sauce drizzle and mayonnaise on house made brioche bun)

Gluten free & vegetarian options available

Gluten free available(GF A), gluten free (GF) Recommended (), vegetarian (v)**